

Western Addition Wellness Coalition
Presents:
Family Empowerment Summit



“Triple A to Wellness”

Access – Wellness providers will be available

Activities – Stress reduction activities

Action – Speak up! Speak out! Ways to have your voice heard

African American Arts & Culture Complex
762 Fulton St @ Webster

March 23, 2017
6:00 - 8:30 pm

Special Guest Facilitator:
Dr. Abner Boles
African America Healing Alliance

\$20 Gift cards to the first
50 community members

Dinner will be provided!

Come and join us for this FREE event:

****healing circle *empowerment quilt *yoga *acupuncture
*meditation *wellness tool kits *Zumba *massages *youth activities***

SERVICE PROVIDERS WILL BE AVAILABLE AT THE EVENT

**SPACE LIMITED!!! Please contact awilliamsassoc@yahoo.com or
415-424-2980 if you are able to attend**

***Supported by assistance from:
San Francisco Department of Public Health, DCYF, The Village Project,
Engage San Francisco (USF) & Dr. Terence Patterson, USF***

Western Addition Wellness Coalition

**The Village Project, Engage San Francisco, USF, Western Addition Family Resource Center, Booker T. Washington Community Center, Up On Top, Prince Hall Computer Center, Comprehensive Crisis Services, Thomas Payne Housing Development, Westside Community Services, African American Healing Alliance, Hunters Point Family, Rafiki Coalition for Health & Wellness, Healing 4 Our Families & Our Nation, & Occupational Therapy Training Program, SF
Special Thanks to the SF Mental Health Board**