

Fusion of the Maturing Mind 2011

A six-part series hosted by AgeSong Institute at Laguna Grove & Hayes Valley Care, and the Jewish Home of San Francisco



HIV and Aging

Wednesday, February 23 5:00–6:30 P.M.

Polypharmacy in the Elderly

Wednesday, March 23 5:00–6:30 P.M.

Integrative Medicine

Wednesday, April 27 5:00–6:30 P.M.

Medical Factors that Contribute to Making the Difficult Client Difficult

Wednesday, May 25 5:00–6:30 P.M.

Nutritional Issues of the Elderly

Wednesday, September 28 5:00–6:30 P.M.

Mindfulness-based Approaches to the Maturing Mind

Wednesday, October 26 5:00–6:30 P.M.

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AgeSong **Wednesday, February 23** **HIV and Aging**
Dr. Janice Schwartz, research director, Jewish Home of San Francisco,
and clinical professor of Medicine, UCSF

Jewish Home **Wednesday, March 23** **Polypharmacy in the Elderly**
Phooley Nguyen, clinical pharmacist, Kaiser Permanente

AgeSong **Wednesday, April 27** **Integrative Medicine**
Nina Weil, certified practitioner, Healing Touch, & Kaylah Sterling,
director of Integrative Medicine, Jewish Home of San Francisco

Jewish Home **Wednesday, May 25** **Medical Factors that Contribute
to Making the Difficult Client Difficult**
Dr. Jay Luxenberg, chief medical officer, Jewish Home of San Francisco

AgeSong **Wednesday, September 28** **Nutritional Issues of the Elderly**
Jen M. Meltz, registered dietitian experienced in clinical dietetics,
food management, and weight loss

Jewish Home **Wednesday, October 26** **Mindfulness-based Approaches
to the Maturing Mind**
Dr. Nader Shabahangi, AgeSong founder and CEO

RSVP to sfevents@agesong.com or call 415.318.8670

CEUs available for nurses, MFTs & LCSWs Light hors d'oeuvres served

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Laguna Grove & Hayes Valley Care**
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of San Francisco**
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